

Bikeride Empordà

A 129-km circular route planned to be completed in 2 or 3 days. Therefore, it is ideal for a weekend or a short holiday. You can stay one day longer, whether in **Girona**, **Tamariu** or **Llafranc** and do some tourism around.

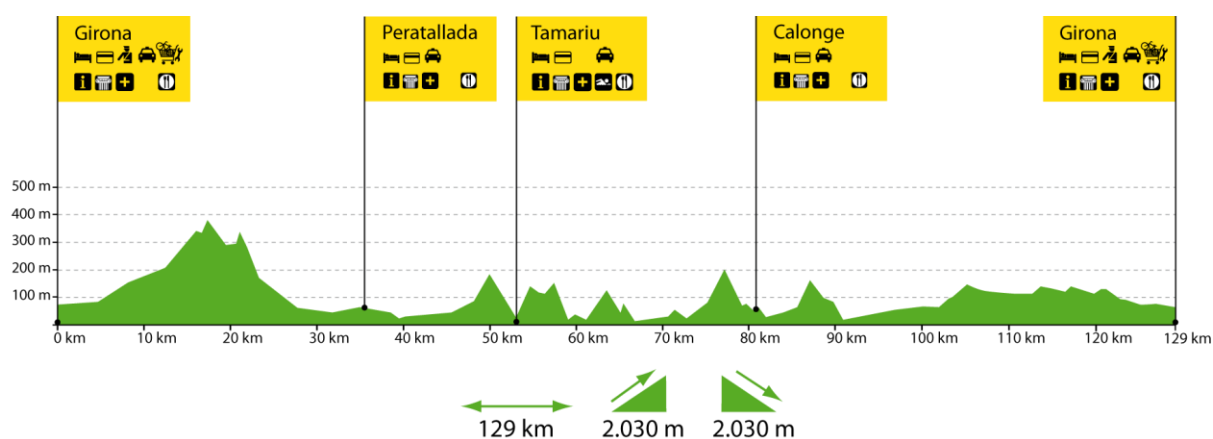


This route starts in the town of **Girona**, with a first mid-mountain stage through the **Massís de les Gavarres** and on to the **Baix Empordà** and its medieval villages up to **Tamariu**. From this point, we offer a second stage which runs from **Tamariu** to **Sant Feliu de Guíxols**, among coves, fishing villages, beaches and small hills. The way back to Girona runs along the greenway with no difficulty at all.

Level of difficulty:

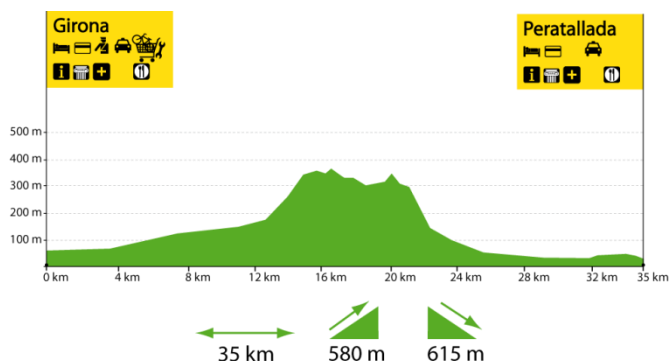
BikerideEmpordà is a mid-low physical difficulty level route with no technical difficulties, so all you need is to be used to some mountain bike outings to be able to complete it easily.

Stages: 2 or 3 days



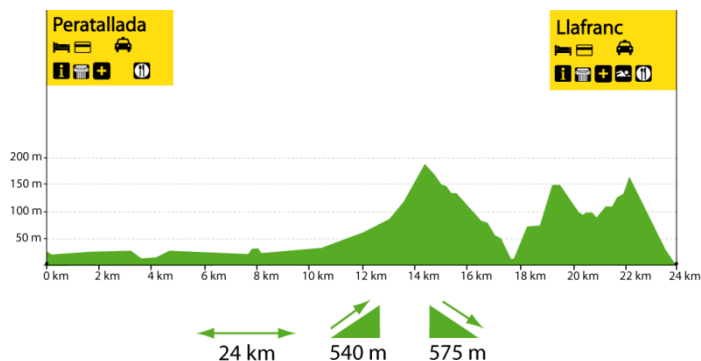
STAGE 1: GIRONA - PERATALLADA

You will start in the beautiful city of **Girona**, the streets of which you will enjoy as well as its old town while passing by the "el Call" (its ancient Jewish neighborhood) and the Cathedral. After visiting the city, the route starts softly along the green way. This will help you warm up. After a few kilometers we will reach the **Baix Empordà** region, where some difficulty might be found, but it will be for sure balanced by the view offered by the **Gavarres** mountain chain and the medieval villages you will be passing by, such as **Monells** and **Peratallada**, the latter being the end of the stage. Its streets and its buildings will take you to the medieval age.



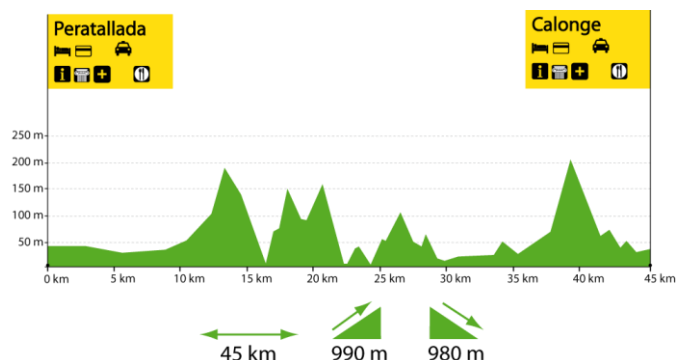
STAGE 2: PERATALLADA – TAMARIU/LLAFRANC

This second stage will be short and will let you enjoy the journey. It will lead you along easy paths through the **Baix Empordà** region to the village of **Llafranc**, the end of the stage. This stage has been specially planned to be short for you to reach the fishing village of **Llafranc** early and, so, enable you to enjoy the beach and other activities all the day through. However, you must take into account that the last stage will be a little longer, although balanced by its low difficulty.



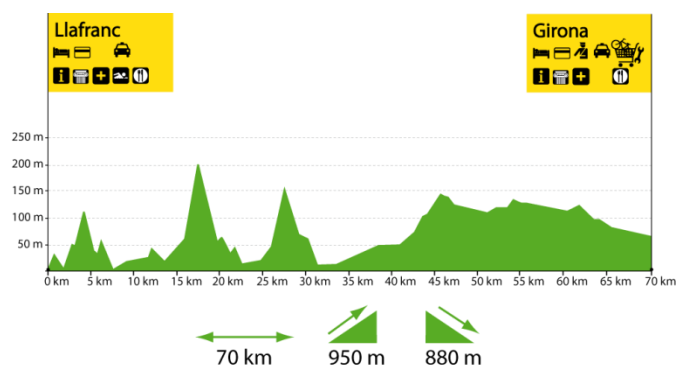
SECOND STAGE VARIATION: PERATALLADA-CALONGE

With this option you have the possibility to cycle longer during the stage of today, and consequently, shorten the last stage. If you choose this option, you will miss the change to sleep by the sea, but you can stay in **Calonge** and visit its medieval castle and wall.



STAGE 3: TAMARIU/LLAFRANC - GIRONA

This third stage is a little longer in kilometers but balanced by the small physical difficulty because, after the first 35 km, the hardest ones in this stage, you will reach the green way leading you back easily to **Girona**. During the first part of this stage, you will cycle along the coast, passing by several coves where you can bathe if you wish. Then the route shifts inland to the village of **Calonge**, whose castle and medieval wall can be visited. At this point, there is a last climb before cycling down to **Sant Feliu de Guíxols**, where you will take the green way back to **Girona** with no difficulty.



THIRD STAGE VARIATION: CALONGE-GIRONA

If you choose the option to sleep in **Calonge**, the last stage offers very low difficulty, since once the only climb of the day has been overcome, you will find a funny way down to **Sant Feliu de Guíxols**, where you will take the green way back to **Girona** with no difficulty.



BikerideCostaBrava:

A worry-free cycling experience



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