

## Bikeride Empordà

A 129-km circular route planned to be completed in 2 or 3 days. Therefore, it is ideal for a weekend or a short holiday. You can stay one day longer, whether in **Girona**, **Tamariu** or **Llafranc** and do some tourism around.

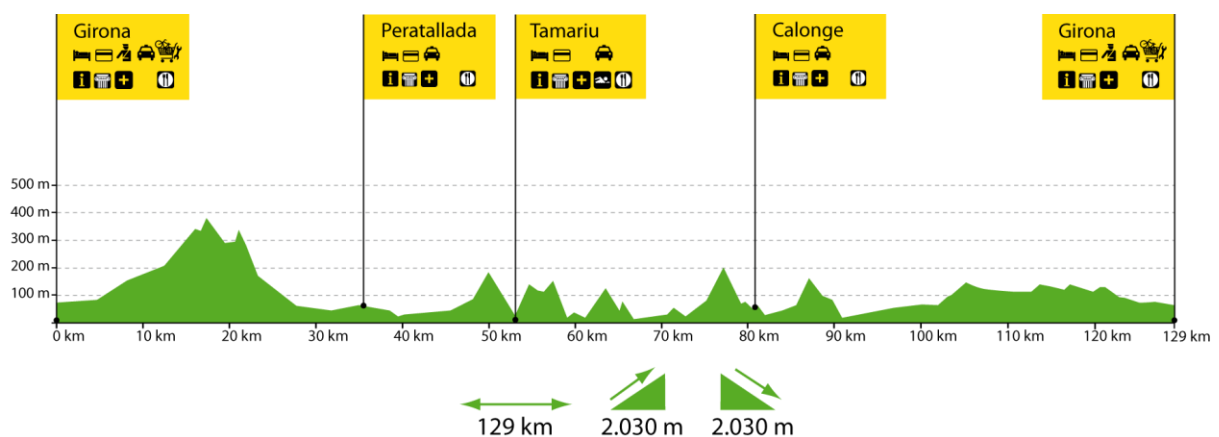


This route starts in the town of **Girona**, with a first mid-mountain stage through the **Massís de les Gavarres** and on to the **Baix Empordà** and its medieval villages up to **Tamariu**. From this point, we offer a second stage which runs from **Tamariu** to **Sant Feliu de Guíxols**, among coves, fishing villages, beaches and small hills. The way back to Girona runs along the greenway with no difficulty at all.

### Level of difficulty:

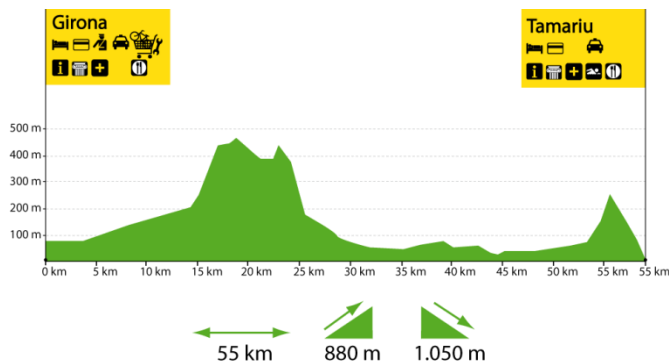
**BikerideEmpordà** is a mid-low physical difficulty level route with no technical difficulties, so all you need is to be used to some mountain bike outings to be able to complete it easily.

**Stages:** 2 or 3 days



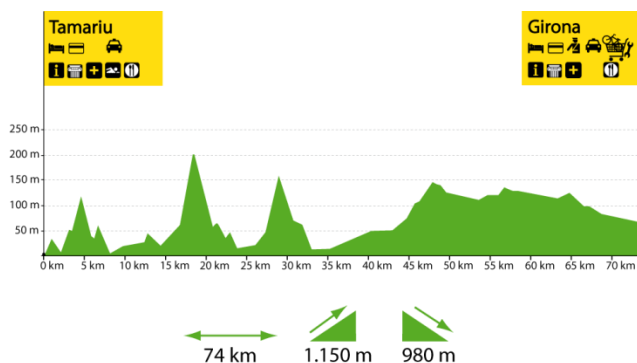
## STAGE 1: GIRONA - TAMARIU

You will start in the beautiful city of **Girona**, the streets of which you will enjoy as well as its old town while passing by the "el Call" (its ancient Jewish neighborhood) and the Cathedral. After visiting the city, the route starts softly along the green way. This will help you warm up. After a few kilometers you will reach the **Baix Empordà** region, where some difficulty might be found, but it will for sure be balanced by the view offered by the **Gavarres** mountain chain and the medieval villages you will be passing by, such as **Monells** and **Peratallada**. Finally, you will end up the stage in the village of **Tamariu**, right on the **Costa Brava**, where you may relax bathing in the sea or just walking round the village.



## STAGE 2: TAMARIU - GIRONA

This second stage is a little longer in kilometers but balanced by the small physical difficulty because, after the first 35 km, the hardest ones in this stage, you will reach the green way leading you back easily to **Girona**. During the first part of this stage, you will cycle along the coast, passing by several coves where you can bathe if you wish. Then the route shifts inland to the village of **Calonge**, whose castle and medieval wall can be visited. At this point, there is a last climb before cycling down to **Sant Feliu de Guíxols**, where you will take the green way back to **Girona** with no difficulty.



***BikerideCostaBrava:***

**A worry-free cycling experience**



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